

# Woman's World

God Bless America

A great week made easy!

Dec. 24, 2007



**Tired?**  
You may need more of the anti-fatigue vitamin!

7 surprising superfoods that **Prevent aging!**

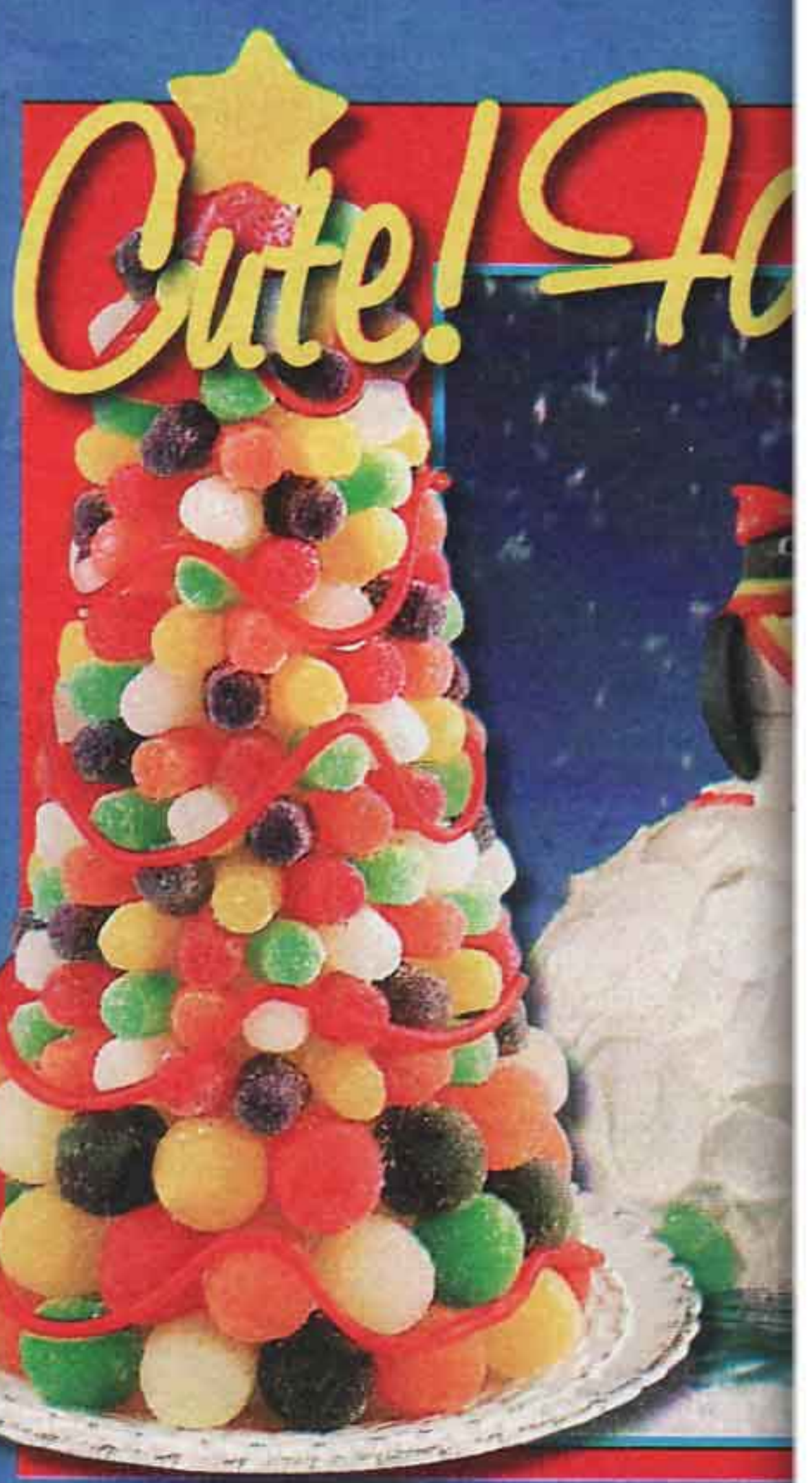
'Magic' mushroom

**Beat cancer**  
Lose 20% of your weight

**YOU**  
**HOL**

Get your glam on with  
**Dancing with the Stars**

- ★ 10-pounds-thinner
- ★ Flawless hair



**Back at work**  
Why your bra is your best friend

Make your jeans party-perfect!



Bag: \$34.99, Baghaus.  
([www.baghaus.com](http://www.baghaus.com)).

Quilting and chain-link look just like Chanel!

**US!**

Dance pro Cheryl Burke

**MAKE YOUR JEANS PERFECT!**  
Stylish tricks to upgrade your basics!

**Minute Holiday Treats!**

**Snacks that save your wallet 25%!**